

MINUTES OF COMMUNITY ADVISORY COUNCIL MEETING

Wednesday June 17, 2020

Called to Order

Attendees:

Signe Porter (Chair), Pamala Dame (Co-Chair), Jennifer Little, Amy Boivin, Amber Kramer, Nora Foster, Tina Young, Sonya Stanley, Raquel Mendoza, Rebecca Adams, Melissa Pisan, Craig Schumann

Other Attendees: Maggie Polson, Maria Ramirez, Susan Boldt, Belle Shepherd

1. Introduction:

Signe Porter (Chair), Pamala Dame (Co-Chair), Jennifer Little, Amy Boivin, Amber Kramer, Nora Foster, Tina Young, Sonya Stanley, Raquel Mendoza, Rebecca Adams, Melissa Pisan, Craig Schumann

Maria Ramirez, Maggie Polson, Susan Boldt, Belle Shepherd.

2. Review and Approval of Minutes

Jennifer Little: Motion to approve

Amy Boivin: Second

Motion Passed

3. Public Comment/Member Feedback

Signe Porter: KHP is going to Merrill to conduct COVID-19 testing of one specific farm to test their farm workers as a preventative measure.

Maggie- Congratulations to IYS on the grant.

Raquel-Summer food kick-off party will be June 30th at Noon at Mills-Kiwanis Park. WIC will be there handing out a grab bag.

Sonya- The gym is open fulltime regular time.

Member Feedback No feedback this month.

4. CAC Engagement and Recruitment

How can we attract and recruit a diverse population? We have an application put in by Wendy Vasquez.

- Amber-What motivates me is the information I receive and what information I can give as a community member.

- Rebecca-What really motivates me is that I can bring a voice to represent younger children.
- Melissa-With me it is multiple things, information that I can gather and being involved with everything. Bring the voice from multiple people. It makes me feel like I am achieving something. I feel that the information that I gather from the CAC meetings also help the people that I talk to in the lower bit of the community to provide a solution to those in need.
- Sonya-To make positive change and be involved. It is inspiring because this committee has the same goals to get engaged.
- Tina-Personally, it does not matter what your economic status is, you can make a difference. No matter what your status is.
- Raquel- Single full-time mom. This is pushing me to get more involved. It is a great resource to understand things with my kids' health as well as helping clients at WIC.
- Nora-The fact that I get to work with a whole bunch of cool people and there are goals and objectives and we get to see the actually obtainment of some of those goals and be involved in the things that shape successes in our community.
- Amy-I would echo that I look forward to this meeting and part of it is because...it also helps me stay tuned in and well connected with our community.
- Pam-The information I receive, the information I can share with our community members, and the activities that I can participate in to stay active in the community.
- Craig-Most of the clients that we work with are all on OHP, so a lot of my colleagues (you may get better input and more direct experience from one of our case workers). At this point in-time, I do not feel like I contribute as much as expected.
- Jennifer-I would echo what really everyone has said. It is nice to stay connected with CHA and gives me an avenue to Quality Improvement and raise client group. Everyone is so engaged and wants to make a difference.
- Signe-Really likes to stay connected and it is good to hear we get a fully rounded deal. This helps get perspective.

How would you describe your role as a CAC Member?

- Amber-I represent my children, people in Mental Health counseling, people with prior SUD past experiences and can bring that to the table.
- Rebecca-When I talk to people about it, I express that I can be a voice for them and their children.
- Melissa-I find that I can be a voice for people with Kids, people in the mental health community, and the general population. I am in a variety of the dr. community and experience of care.
- Sonya-I am a committed and reliable committee member with a voice for myself and others. I am willing to come out of comfort zone
- Tina-represent a voice for a rural area. I am very outspoken. I do see if I come across someone who may not have information. I can be a resource and be helpful to other people.
- Raquel-I can be helpful to bring new ideas to the table and have an opinion. Our group has a true mixture of the community.

- Amy- Two different ways to describe my role. One as a listener to hear and understand what is being said in the community. Two-what we are doing as an agency.
- Pam-My role, I am able to help people get the right information or get in contact with someone who can get the right information. I think I can make people feel comfortable.
- Craig-Yeah, I think that my role is a learner of what barriers exists in healthcare and I can relay information to my staff to relay information.
- Jennifer-My role is connecting with the broader Community Health Improvement Plan, the Community Health Assessment, and the Healthy Klamath and tie what Public Health is doing into the broader initiative.
- Signe-I did not realize how useful these questions would actually be and that we have the right people at the table. CHA has become the plays that ties a lot of our agencies together. I take a lot and give a little. I think CHA and Healthy Klamath tie a lot of agency partnerships together.

What is one change that the CAC could make to engage you more?

- Amber-I cannot think of anything. There are a lot of opportunities.
- Rebecca-Maybe more flyers?
- Melissa- I cannot think of much. It keeps me pretty engaged in everything. It keeps my attention quite well.
- Sonya- If I had to chose something, more opportunities to help in other ways in others need. More community events to get others involved.
- Tina-It is not anything the CAC can do, but I find as great as these meetings, I would appreciate in-person meetings.
- Raquel-It has been really hard to engage in virtual meetings. It is different feel when you are in a meeting. I do not think that the virtual meetings are as productive as they could be.
- Amy-a lot of things that have been said that are really good. When there is interest to participate in sub-committee works so that members can trail off into project together.
- Pam-I would appreciate face to face contact. Maybe in-person meetings.
- Craig-I got engaged in the food system committee as a result of joining this committee.
- Jennifer-I am really glad to hear Craig say that, but I understand we have other obligations and engaging in the Healthy Klamath and CHIP.
- Signe-I think it would be really helpful if at some point we could have a dual board meeting with the CHA board and the CAC board, and I think it might help how we could move forward.

What is one thing you can change to increase your impact on the CAC?

- Amber-really making a change to get involved into a subcommittee.
- Rebecca-Not really sure besides maybe talking to more people and bringing more to the board to communicate what I am experiencing.
- Melissa-being more interactive with everything that goes on in the community and getting involved in the programs that are out there to get more
- Sonya-Volunteering in opportunities that I am not so comfortable with.
- Tina-Get more involved in subcommittee and getting more involved in events.

- Raquel- Hard to be more involved due to work commitments but struggles with the time commitments.
- Amy-Be more mindful of the information that I can bring to the meeting. Take a little more time to bring information forward.
- Pam-I think I could be a little more involved in the community for volunteer opportunities.
- Craig-Be more mindful of the information I should relay to my staff who is working with OHP members are personally reaching out to be more in-touch with what information I need to bring back to the CAC.
- Jennifer-Exact same answer.
- Signe-I have very deadline driven and have not been nearly as involved as I would like. There is so much more that we can do, but we need a fulltime coordinator. Each person has a piece and it is hard to keep everyone together.

Maria to send out recruitment Matrix. Maria will manipulate the form to include a column on the agency representation, as well as a disability.

5. OHA Update:

CHA Innovator Agent, Belle Shepherd, provided an update on two documents for the CAC. The first document was included

6. CHIP Round Table

Housing-Add Amber, Rebecca, and Melissa to the housing committee.

Dental-

Food Insecurity Craig-There was food systems advisory meeting on June 4th. The foodbank is going to open the produce connection. IYS-We have opened a lot of sites for our summer lunch program where families can get 7 meals in one day. City Schools is not serving lunches anymore, so IYS has picked up food sites at KU, Pelican, Conger, City learning center. IYS has received \$80K dollars to create a food hub in Mills Addition: It has three components-Signing up for SNAP or WIC, food resources. Sanford Clinic is developing a food pantry-one cause is they saw kids coming into the Clinic who were hungry.

Infant Mortality-

Suicide Prevention-We have staff that are attending. SB52 on how schools have to have suicide prevention education. Raquel-A lot of kids are being affected by this topic and they do not know how to cope with depression or what they are feeling. Hopefully, the schools will be prepared for kids coming back who are having coping issues. Amy-Data is showing that Youth are being most immediately impacted by the current situation. The data shows that the mental health does not hit until 6 months after the impact. Raquel-The longer it takes to get back to a baseline normal, the harder it will be to foresee.

Physical Activity-Sonya nothing really to updated on. The last meeting was right before COVID-19 and there has not been a meeting since.

7. Meeting was adjourned: 1:25pm. Next meeting will be July 15, 2020.